

Horário de Turnos 4.2

48 semanas quatro dias de trabalho e dois de descanso

Semana	segunda	terça	quarta	quinta	sexta	sabado	domingo
1	NT	NT	NT	NT	FC	FS	E
2	E	E	E	FC	FS	D	D
3	D	D	FC	FS	B	B	B
4	B	FC	FS	NT	NT	NT	NT
5	FC	FS	C	C	C	C	FC
6	FS	D	D	D	D	FC	FS
7	B	B	B	B	FC	FS	NT
8	NT	NT	NT	FC	FS	E	E
9	E	E	FC	FS	D	D	D
10	D	FC	FS	B	B	B	B
11	FC	FS	NT	NT	NT	NT	FC
12	FS	C	C	C	C	FC	FS
13	D	D	D	D	FC	FS	B
14	B	B	B	FC	FS	NT	NT
15	NT	NT	FC	FS	E	E	E
16	E	FC	FS	D	D	D	D
17	FC	FS	B	B	B	B	FC
18	FS	NT	NT	NT	NT	FC	FS
19	C	C	C	C	FC	FS	D
20	D	D	D	FC	FS	B	B
21	B	B	FC	FS	NT	NT	NT
22	NT	FC	FS	E	E	E	E
23	FC	FS	D	D	D	D	FC
24	FS	B	B	B	B	FC	FS
25	NT	NT	NT	NT	FC	FS	C
26	C	C	C	FC	FS	D	D
27	D	D	FC	FS	B	B	B
28	B	FC	FS	NT	NT	NT	NT
29	FC	FS	E	E	E	E	FC
30	FS	D	D	D	D	FC	FS
31	B	B	B	B	FC	FS	NT
32	NT	NT	NT	FC	FS	C	C
33	C	C	FC	FS	D	D	D
34	D	FC	FS	B	B	B	B
35	FC	FS	NT	NT	NT	NT	FC
36	FS	E	E	E	E	FC	FS
37	D	D	D	D	FC	FS	B
38	B	B	B	FC	FS	NT	NT
39	NT	NT	FC	FS	C	C	C
40	C	FC	FS	D	D	D	D
41	FC	FS	B	B	B	B	FC
42	FS	NT	NT	NT	NT	FC	FS
43	E	E	E	E	FC	FS	D
44	D	D	D	FC	FS	B	B

45	B	B	FC	FS	NT	NT	NT
46	NT	FC	FS	C	C	C	C
47	FC	FS	D	D	D	D	FC
48	FS	B	B	B	B	FC	FS

NT	23.00	07.30
B	07.00	15.30
C	08.00	16.30
D	15.00	23.30
E	16.00	00.30
FC	Folga Complementar	
FS	Folga Semanal	

Semana	segunda	terça	quarta	quinta	sexta	sabado	domingo
1	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	FC	FS	16.00/00.30 E
2	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E	FC	FS	15.00/23.30 D	15.00/23.30 D
3	15.00/23.30 D	15.00/23.30 D	FC	FS	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B
4	07.00/15.30 B	FC	FS	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT
5	FC	FS	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C	FC
6	FS	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	FC	FS
7	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	FC	FS	23.00/07.30 NT
8	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	FC	FS	16.00/00.30 E	16.00/00.30 E
9	16.00/00.30 E	16.00/00.30 E	FC	FS	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D
10	15.00/23.30 D	FC	FS	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B
11	FC	FS	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	FC
12	FS	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C	FC	FS
13	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	FC	FS	07.00/15.30 B
14	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	FC	FS	23.00/07.30 NT	23.00/07.30 NT
15	23.00/07.30 NT	23.00/07.30 NT	FC	FS	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E
16	16.00/00.30 E	FC	FS	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D
17	FC	FS	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	FC
18	FS	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	FC	FS
19	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C	FC	FS	15.00/23.30 D
20	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	FC	FS	07.00/15.30 B	07.00/15.30 B
21	07.00/15.30 B	07.00/15.30 B	FC	FS	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT
22	23.00/07.30 NT	FC	FS	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E
23	FC	FS	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	FC
24	FS	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	FC	FS
25	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	FC	FS	08.00/16.30 C
26	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C	FC	FS	15.00/23.30 D	15.00/23.30 D
27	15.00/23.30 D	15.00/23.30 D	FC	FS	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B
28	07.00/15.30 B	FC	FS	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT
29	FC	FS	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E	FC
30	FS	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	FC	FS
31	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	FC	FS	23.00/07.30 NT
32	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	FC	FS	08.00/16.30 C	08.00/16.30 C
33	08.00/16.30 C	08.00/16.30 C	FC	FS	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D

34	15.00/23.30 D	FC	FS	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B
35	FC	FS	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	FC
36	FS	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E	FC	FS
37	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	FC	FS	07.00/15.30 B
38	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	FC	FS	23.00/07.30 NT	23.00/07.30 NT
39	23.00/07.30 NT	23.00/07.30 NT	FC	FS	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C
40	08.00/16.30 C	FC	FS	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D
41	FC	FS	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	FC
42	FS	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT	FC	FS
43	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E	16.00/00.30 E	FC	FS	15.00/23.30 D
44	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	FC	FS	07.00/15.30 B	07.00/15.30 B
45	07.00/15.30 B	07.00/15.30 B	FC	FS	23.00/07.30 NT	23.00/07.30 NT	23.00/07.30 NT
46	23.00/07.30 NT	FC	FS	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C	08.00/16.30 C
47	FC	FS	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	15.00/23.30 D	FC
48	FS	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	07.00/15.30 B	FC	FS